



Paper Name “SAY NO TO ALCOHOL”

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“COMPUTER LITERACY FOR ONE AND ALL” with this motto in mind I introduced computers to neo- literate children of the slum area near our school. Our school Principal Mrs. Chitra Nakra is quite sensitive to the needs of the underprivileged section of the society hence she allowed me to use the Computer Lab for the noble cause.

I started with MS WORD but it was quite difficult for me to explain the concepts to those who hardly know English language. They had lot of problem holding the mouse. It was like a challenge for me.

I used computers to teach computers .While teaching I came across health and life skills one of the topic was on” ALCOHOL” ,many of the children opened up and shared their personal experiences at home. I took this opportunity to explain how harmful is Alcohol as I realised -

“Teaching Life Skills Is More Important Than Teaching Computers” to them.

Abstract

Alcohol is a primary substance of dependence for majority of urban slum substance users .Slums tend to be breeding centers for many social problems such as crime, drug addiction, alcoholism

The paper talks about how the children residing in the slum area near the DAV Public school , Vikaspuri have been made aware with the adverse effects of alcoholism using various teaching aids .



Teaching Aids

- Internet for pictures and educational links
- Video clippings
- Photographs through mobile phone
- Software - MS WORD, MS POWERPOINT , MS EXCEL ,FREEMIND, MS PAINT,

Keywords

Drinking
Alcohol
Technology
Lesson plan
Social evil
Teaching strategies

Main Paper

"Alcoholism is a fatal disease if not treated. It may kill the spirit and heart many years before it actually kills the body, but it does cause death. The emotional wounds inflicted on someone who lives with, and especially someone who grows up with, alcoholism leave scars that can totally control a person's life long after the alcoholic is dead."

Objectives

- Examine the cycle of addiction to Alcoholism
- Understand some of the physical dangers of alcoholism
- Understands that alcohol dependency is treatable disease
- methods to avoid the temptation to drink alcohol what can be done to prevent it

Introduction

Begin the lesson by asking certain questions like

1. Does anyone drinks alcohol in their family?
2. How he /she reacts when drunk ?
3. How do you feel at that time ?

ICT TOOL – a questionnaire is framed in [Ms Word](#) and as many [printouts](#) as the number of children are there are taken so that individual response is captured.

Explanation of the Topic

Discuss with children , the cycle of addiction about why experimentation with alcohol can lead to addiction. The cycle of addiction includes the following steps:

- A young person is feeling pain and discomfort because of family problem.

- The individual is looking for ways to feel better, so he or she drinks alcohol.
- At first, it seem to work because they dull the pain the person is trying to escape from. So the person keeps taking it.
- From this point, it often doesn't take long for the person to become addicted because he or she has developed a physical dependence—an addiction—to the substance. Now the person can think only about getting more of alcohol just to function.

ICT TOOL – cycle drawn in [paintbrush](#)

Knows the short and long-term consequences of the use of alcohol

To an alcoholic his/her best friend is alcohol. No one is more important to an alcoholic than alcohol.

(e.g., physical consequences such as shortness of breath, cirrhosis, lung cancer, emphysema; psychological consequences such as low self-esteem, paranoia, depression, apathy; social consequences such as crime, domestic violence, loss of friends.

ICT TOOL – pictures from [internet](#) ,slides in [PowerPoint](#) showing the causes and effects of alcoholism



Children activities

Children are now asked to come up with their own experiences and role play the characters at home and then suggestive measures are recommended as to how they should behave at home with the alcoholic.

They are asked to write the approximate amount of money spend on alcohol every day so as to understand the financial loss due to alcoholism .

ICT TOOL - money is calculated in [MS EXCEL](#)



Their understanding about the topic is checked in the form of

- QUIZ
- Matching
- Fill Up
- Short-Answer
- True /false
- Label the diagram

ICT TOOL - All the worksheets have been created on [computers](#) so that they enjoy while they learn.

Recapitulation of the topic is done in the form of a diagram.

ICT TOOL – Mind map is created in [FREEMIND software](#) showing causes and effects of alcoholism.

Problems faced

Had they be normal school goers the situation would have been different but here **a lot of patience** is needed with these children as they will forget what has been told to them 2 days before as they have **no time to revise** their lesson or do any home work .

Since **language is a barrier at times** , you should be imaginative in designing ways to convey your message.

I tried to incorporate all three learning styles(visual , auditory and kinesthetic)into the lesson which is only possible through technology and the modern teaching aids.

Thanx to technology "If we can touch the lives of a few unfortunate kids or bring a smile on their faces, it would have been a life well lived."

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